

Return of Private Foundation
or Section 4947(a)(1) Trust Treated as Private Foundation
Do not enter social security numbers on this form as it may be made public.
Go to www.irs.gov/Form990PF for instructions and the latest information.

For calendar year **2023** or tax year beginning , and ending

Name of foundation The Barmore Fund		A Employer identification number 01-0540393
Number and street (or P.O. box number if mail is not delivered to street address) 93 Governors Point Road	Room/suite	B Telephone number 207-729-5103
City or town, state or province, country, and ZIP or foreign postal code Harpswell, ME 04079-4339		C If exemption application is pending, check here ... <input type="checkbox"/>
G Check all that apply: <input type="checkbox"/> Initial return <input type="checkbox"/> Initial return of a former public charity <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Address change <input type="checkbox"/> Name change		D 1. Foreign organizations, check here <input type="checkbox"/> 2. Foreign organizations meeting the 85% test, check here and attach computation <input type="checkbox"/>
H Check type of organization: <input checked="" type="checkbox"/> Section 501(c)(3) exempt private foundation <input type="checkbox"/> Section 4947(a)(1) nonexempt charitable trust <input type="checkbox"/> Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here ... <input type="checkbox"/>
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) \$ 773,262.	J Accounting method: <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual <input type="checkbox"/> Other (specify) _____ (Part I, column (d), must be on cash basis.)	
F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ... <input type="checkbox"/>		

Part I Analysis of Revenue and Expenses <small>(The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a).)</small>		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
1 Contributions, gifts, grants, etc., received				N/A	
2 Check <input checked="" type="checkbox"/> if the foundation is not required to attach Sch. B					
3 Interest on savings and temporary cash investments					
4 Dividends and interest from securities		18,258.	18,258.		Statement 1
5a Gross rents					
b Net rental income or (loss)					
6a Net gain or (loss) from sale of assets not on line 10		-2,988.			
b Gross sales price for all assets on line 6a 138,038.					
7 Capital gain net income (from Part IV, line 2)			0.		
8 Net short-term capital gain					
9 Income modifications					
10a Gross sales less returns and allowances					
b Less: Cost of goods sold					
c Gross profit or (loss)					
11 Other income					
12 Total. Add lines 1 through 11		15,270.	18,258.		
13 Compensation of officers, directors, trustees, etc.		0.	0.		0.
14 Other employee salaries and wages					
15 Pension plans, employee benefits					
16a Legal fees					
b Accounting fees Stmt 2		2,980.	993.		1,987.
c Other professional fees Stmt 3		6,287.	6,287.		0.
17 Interest		3.	3.		0.
18 Taxes Stmt 4		651.	240.		0.
19 Depreciation and depletion					
20 Occupancy					
21 Travel, conferences, and meetings					
22 Printing and publications					
23 Other expenses Stmt 5		1,206.	14.		1,192.
24 Total operating and administrative expenses. Add lines 13 through 23		11,127.	7,537.		3,179.
25 Contributions, gifts, grants paid		39,500.			39,500.
26 Total expenses and disbursements. Add lines 24 and 25		50,627.	7,537.		42,679.
27 Subtract line 26 from line 12:					
a Excess of revenue over expenses and disbursements ...		-35,357.			
b Net investment income (if negative, enter -0-)			10,721.		
c Adjusted net income (if negative, enter -0-)				N/A	

Part II Balance Sheets		Attached schedules and amounts in the description column should be for end-of-year amounts only.		Beginning of year	End of year	
		(a) Book Value	(b) Book Value	(c) Fair Market Value		
Assets	1	Cash - non-interest-bearing				
	2	Savings and temporary cash investments	43,907.	57,239.	57,239.	
	3	Accounts receivable				
		Less: allowance for doubtful accounts				
	4	Pledges receivable				
		Less: allowance for doubtful accounts				
	5	Grants receivable				
	6	Receivables due from officers, directors, trustees, and other disqualified persons				
	7	Other notes and loans receivable				
		Less: allowance for doubtful accounts				
	8	Inventories for sale or use				
	9	Prepaid expenses and deferred charges				
	10a	Investments - U.S. and state government obligations	58,622.	0.	0.	
	b	Investments - corporate stock Stmt 6	215,643.	224,876.	431,320.	
	c	Investments - corporate bonds Stmt 7	168,647.	137,437.	132,446.	
	11	Investments - land, buildings, and equipment: basis				
	Less: accumulated depreciation					
12	Investments - mortgage loans					
13	Investments - other Stmt 8	107,921.	139,831.	152,257.		
14	Land, buildings, and equipment: basis					
	Less: accumulated depreciation					
15	Other assets (describe)					
16	Total assets (to be completed by all filers - see the instructions. Also, see page 1, item I)	594,740.	559,383.	773,262.		
Liabilities	17	Accounts payable and accrued expenses				
	18	Grants payable	39,500.	39,500.		
	19	Deferred revenue				
	20	Loans from officers, directors, trustees, and other disqualified persons				
	21	Mortgages and other notes payable				
	22	Other liabilities (describe)				
23	Total liabilities (add lines 17 through 22)	39,500.	39,500.			
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here <input type="checkbox"/> and complete lines 24, 25, 29, and 30.					
	24	Net assets without donor restrictions				
	25	Net assets with donor restrictions				
	Foundations that do not follow FASB ASC 958, check here <input checked="" type="checkbox"/> and complete lines 26 through 30.					
	26	Capital stock, trust principal, or current funds	0.	0.		
	27	Paid-in or capital surplus, or land, bldg., and equipment fund	0.	0.		
	28	Retained earnings, accumulated income, endowment, or other funds	555,240.	519,883.		
	29	Total net assets or fund balances	555,240.	519,883.		
30	Total liabilities and net assets/fund balances	594,740.	559,383.			

Part III Analysis of Changes in Net Assets or Fund Balances

1	Total net assets or fund balances at beginning of year - Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	555,240.
2	Enter amount from Part I, line 27a	2	-35,357.
3	Other increases not included in line 2 (itemize)	3	0.
4	Add lines 1, 2, and 3	4	519,883.
5	Decreases not included in line 2 (itemize)	5	0.
6	Total net assets or fund balances at end of year (line 4 minus line 5) - Part II, column (b), line 29	6	519,883.

Part IV Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (for example, real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)		(b) How acquired P - Purchase D - Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1a Publicly Traded Securities		P		
b				
c				
d				
e				
(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) ((e) plus (f) minus (g))	
a 138,038.		141,026.	-2,988.	
b				
c				
d				
e				
Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69.			(i) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col. (h))	
(i) FMV as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any		
a			-2,988.	
b				
c				
d				
e				
2 Capital gain net income or (net capital loss)		{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }		2 -2,988.
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c). See instructions. If (loss), enter -0- in Part I, line 8		{ }		3 N/A

Part V Excise Tax Based on Investment Income (Section 4940(a), 4940(b), or 4948 - see instructions)

1a Exempt operating foundations described in section 4940(d)(2), check here <input type="checkbox"/> and enter "N/A" on line 1. Date of ruling or determination letter: _____ (attach copy of letter if necessary - see instructions)		1	149.
b All other domestic foundations enter 1.39% (0.0139) of line 27b. Exempt foreign organizations, enter 4% (0.04) of Part I, line 12, col. (b)			
2 Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-)		2	0.
3 Add lines 1 and 2		3	149.
4 Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only; others, enter -0-)		4	0.
5 Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	149.
6 Credits/Payments:			
a 2023 estimated tax payments and 2022 overpayment credited to 2023	6a	0.	
b Exempt foreign organizations - tax withheld at source	6b	0.	
c Tax paid with application for extension of time to file (Form 8868)	6c	0.	
d Backup withholding erroneously withheld	6d	0.	
7 Total credits and payments. Add lines 6a through 6d		7	0.
8 Enter any penalty for underpayment of estimated tax. Check here <input type="checkbox"/> if Form 2220 is attached		8	0.
9 Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		9	149.
10 Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid		10	
11 Enter the amount of line 10 to be: Credited to 2024 estimated tax Refunded		11	

Part VI-A Statements Regarding Activities

1a During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?
1b Did it spend more than \$100 during the year (either directly or indirectly) for political purposes?
1c Did the foundation file Form 1120-POL for this year?
2 Has the foundation engaged in any activities that have not previously been reported to the IRS?
3 Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments?
4a Did the foundation have unrelated business gross income of \$1,000 or more during the year?
4b If "Yes," has it filed a tax return on Form 990-T for this year?
5 Was there a liquidation, termination, dissolution, or substantial contraction during the year?
6 Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either:
7 Did the foundation have at least \$5,000 in assets at any time during the year?
8a Enter the states to which the foundation reports or with which it is registered.
8b If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G?
9 Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2023 or the tax year beginning in 2023?
10 Did any persons become substantial contributors during the tax year?
11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)?
12 Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges?
13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application?
14 The books are in care of Gregory T. Barmore Telephone no. 207-208-6648
Located at 93 Governors Point Road, Harpswell, ME ZIP+4 04079-4339
15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 - check here
16 At any time during calendar year 2023, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?

Part VI-B Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.

	Yes	No
1a During the year, did the foundation (either directly or indirectly):		
(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	1a(1)	X
(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	1a(2)	X
(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	1a(3)	X
(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?	1a(4)	X
(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	1a(5)	X
(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	1a(6)	X
b If any answer is "Yes" to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions	1b	N/A
c Organizations relying on a current notice regarding disaster assistance, check here		<input type="checkbox"/>
d Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2023?	1d	X
2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):		
a At the end of tax year 2023, did the foundation have any undistributed income (Part XII, lines 6d and 6e) for tax year(s) beginning before 2023?	2a	X
If "Yes," list the years _____, _____, _____, _____		
b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement - see instructions.)	2b	N/A
c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. _____, _____, _____, _____		
3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?	3a	X
b If "Yes," did it have excess business holdings in 2023 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Form 4720, Schedule C, to determine if the foundation had excess business holdings in 2023.)	3b	N/A
4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a	X
b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2023?	4b	X

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Part VI-B Statements Regarding Activities for Which Form 4720 May Be Required (continued)

	Yes	No
5a During the year, did the foundation pay or incur any amount to:		
(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?		X
(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?		X
(3) Provide a grant to an individual for travel, study, or other similar purposes?		X
(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions		X
(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?		X
b If any answer is "Yes" to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions	N/A	
c Organizations relying on a current notice regarding disaster assistance, check here		
d If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? If "Yes," attach the statement required by Regulations section 53.4945-5(d).	N/A	
6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?		X
b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? If "Yes" to 6b, file Form 8870.		X
7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?		X
b If "Yes," did the foundation receive any proceeds or have any net income attributable to the transaction?	N/A	
8 Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year?		X

Part VII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, and foundation managers and their compensation.

(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
See Statement 9		0.	0.	0.

2 Compensation of five highest-paid employees (other than those included on line 1). If none, enter "NONE."

(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
NONE				

Total number of other employees paid over \$50,000 0

Part VII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services. If none, enter "NONE."

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services 0

Part VIII-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1 N/A	
2	
3	
4	

Part VIII-B Summary of Program-Related Investments

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 N/A	
2	
3 All other program-related investments. See instructions.	

Total. Add lines 1 through 3 0.

Part IX Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1 Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:			
a	Average monthly fair market value of securities	1a	694,215.
b	Average of monthly cash balances	1b	35,121.
c	Fair market value of all other assets (see instructions)	1c	
d	Total (add lines 1a, b, and c)	1d	729,336.
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)	1e	0.
2	Acquisition indebtedness applicable to line 1 assets	2	0.
3	Subtract line 2 from line 1d	3	729,336.
4	Cash deemed held for charitable activities. Enter 1.5% (0.015) of line 3 (for greater amount, see instructions)	4	10,940.
5	Net value of noncharitable-use assets. Subtract line 4 from line 3	5	718,396.
6	Minimum investment return. Enter 5% (0.05) of line 5	6	35,920.

Part X Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations, check here and do not complete this part.)

1	Minimum investment return from Part IX, line 6	1	35,920.
2a	Tax on investment income for 2023 from Part V, line 5	2a	149.
b	Income tax for 2023. (This does not include the tax from Part V.)	2b	
c	Add lines 2a and 2b	2c	149.
3	Distributable amount before adjustments. Subtract line 2c from line 1	3	35,771.
4	Recoveries of amounts treated as qualifying distributions	4	0.
5	Add lines 3 and 4	5	35,771.
6	Deduction from distributable amount (see instructions)	6	0.
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XII, line 1	7	35,771.

Part XI Qualifying Distributions (see instructions)

1 Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:			
a	Expenses, contributions, gifts, etc. - total from Part I, column (d), line 26	1a	42,679.
b	Program-related investments - total from Part VIII-B	1b	0.
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes	2	
3 Amounts set aside for specific charitable projects that satisfy the:			
a	Suitability test (prior IRS approval required)	3a	
b	Cash distribution test (attach the required schedule)	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part XII, line 4	4	42,679.

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Part XII Undistributed Income (see instructions)

	(a) Corpus	(b) Years prior to 2022	(c) 2022	(d) 2023
1 Distributable amount for 2023 from Part X, line 7				35,771.
2 Undistributed income, if any, as of the end of 2023:				
a Enter amount for 2022 only			0.	
b Total for prior years:		0.		
3 Excess distributions carryover, if any, to 2023:				
a From 2018	13,287.			
b From 2019	9,506.			
c From 2020	1,402.			
d From 2021	807.			
e From 2022	8,066.			
f Total of lines 3a through e	33,068.			
4 Qualifying distributions for 2023 from Part XI, line 4: \$	42,679.			
a Applied to 2022, but not more than line 2a			0.	
b Applied to undistributed income of prior years (Election required - see instructions)		0.		
c Treated as distributions out of corpus (Election required - see instructions)	0.			
d Applied to 2023 distributable amount				35,771.
e Remaining amount distributed out of corpus	6,908.			
5 Excess distributions carryover applied to 2023 (If an amount appears in column (d), the same amount must be shown in column (a).)	0.			0.
6 Enter the net total of each column as indicated below:	39,976.			
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5				
b Prior years' undistributed income. Subtract line 4b from line 2b		0.		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0.		
d Subtract line 6c from line 6b. Taxable amount - see instructions		0.		
e Undistributed income for 2022. Subtract line 4a from line 2a. Taxable amount - see instr.			0.	
f Undistributed income for 2023. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2024				0.
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions)	0.			
8 Excess distributions carryover from 2018 not applied on line 5 or line 7	13,287.			
9 Excess distributions carryover to 2024. Subtract lines 7 and 8 from line 6a	26,689.			
10 Analysis of line 9:				
a Excess from 2019	9,506.			
b Excess from 2020	1,402.			
c Excess from 2021	807.			
d Excess from 2022	8,066.			
e Excess from 2023	6,908.			

Part XIII Private Operating Foundations (see instructions and Part VI-A, question 9)

N/A

1 a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2023, enter the date of the ruling

b Check box to indicate whether the foundation is a private operating foundation described in section 4942(j)(3) or 4942(j)(5)

Table with 5 columns: (a) 2023, (b) 2022, (c) 2021, (d) 2020, (e) Total. Rows include 2a-e (Qualifying distributions) and 3a-d (Alternative tests).

Part XIV Supplementary Information (Complete this part only if the foundation had \$5,000 or more in assets at any time during the year-see instructions.)

1 Information Regarding Foundation Managers:

a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than \$5,000).

None

b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest.

None

2 Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc., Programs:

Check here [X] if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds.

a The name, address, and telephone number or email address of the person to whom applications should be addressed:

b The form in which applications should be submitted and information and materials they should include:

c Any submission deadlines:

d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors:

Part XIV Supplementary Information *(continued)*

3 Grants and Contributions Paid During the Year or Approved for Future Payment				
Recipient	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Name and address (home or business)				
a Paid during the year				
American Brain Tumor Association 8550 W. Bryn Mawr Avenue, Suite 550 Chicago, IL 60631		PC	Brain tumor research	3,000.
American Heart / Stroke Association PO Box 840692 Dallas, TX 75284-0692		PC	Aneurysm research	2,500.
Fill a Heart 4 Kids 400 E Illinois Road Lake Forest, IL 60045		PC	Hunger prevention	1,000.
International Medical Corps 12400 Wilshire Boulevard, Suite 1500 Los Angeles, CA 90025		PC	Health care activities	4,000.
Mitchell Institute 75 Washington Street, Suite 2E Portland, ME 04101		PC	Education scholarships	4,000.
Total			See continuation sheet(s)	3a 39,500.
b Approved for future payment				
American Brain Tumor Association 8550 W. Bryn Mawr Avenue, Suite 550 Chicago, IL 60631		PC	Brain tumor research	3,000.
American Heart / Stroke Association PO Box 840692 Dallas, TX 75284-0692		PC	Aneurysm research	2,500.
Fill a Heart 4 Kids 400 E Illinois Road Lake Forest, IL 60045		PC	Hunger prevention	1,000.
Total			See continuation sheet(s)	3b 39,500.

Part XV-A Analysis of Income-Producing Activities

Enter gross amounts unless otherwise indicated.

Table with 5 main columns: (a) Business code, (b) Amount, (c) Exclusion code, (d) Amount, (e) Related or exempt function income. Rows include: 1 Program service revenue (a-f), 2 Membership dues and assessments, 3 Interest on savings and temporary cash investments, 4 Dividends and interest from securities (14, 18,258.), 5 Net rental income or (loss) from real estate, 6 Net rental income or (loss) from personal property, 7 Other investment income, 8 Gain or (loss) from sales of assets other than inventory (18, -2,988.), 9 Net income or (loss) from special events, 10 Gross profit or (loss) from sales of inventory, 11 Other revenue (a-e), 12 Subtotal (0., 15,270., 0.), 13 Total (13, 15,270.).

(See worksheet in line 13 instructions to verify calculations.)

Part XV-B Relationship of Activities to the Accomplishment of Exempt Purposes

Table with 2 columns: Line No., Explain below how each activity for which income is reported in column (e) of Part XV-A contributed importantly to the accomplishment of the foundation's exempt purposes (other than by providing funds for such purposes).

Part XVI Information Regarding Transfers to and Transactions and Relationships With Noncharitable Exempt Organizations

		Yes	No
1	Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?		
a Transfers from the reporting foundation to a noncharitable exempt organization of:			
(1)	Cash		X
(2)	Other assets		X
b Other transactions:			
(1)	Sales of assets to a noncharitable exempt organization		X
(2)	Purchases of assets from a noncharitable exempt organization		X
(3)	Rental of facilities, equipment, or other assets		X
(4)	Reimbursement arrangements		X
(5)	Loans or loan guarantees		X
(6)	Performance of services or membership or fundraising solicitations		X
c	Sharing of facilities, equipment, mailing lists, other assets, or paid employees		X
d	If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.		

(a) Line no.	(b) Amount involved	(c) Name of noncharitable exempt organization	(d) Description of transfers, transactions, and sharing arrangements
		N/A	

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) (other than section 501(c)(3)) or in section 527? Yes No

b If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship
N/A		

Sign Here Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

		Treasurer
Signature of officer or trustee	Date	Title

May the IRS discuss this return with the preparer shown below? See instr.
 Yes No

Paid Preparer Use Only	Print/Type preparer's name Barbara J. McGuan, CPA	Preparer's signature Barbara J. McGuan	Date 04/30/24	Check <input type="checkbox"/> if self-employed	PTIN P00219457
	Firm's name Berry Dunn McNeil & Parker, LLC				Firm's EIN 01-0523282
	Firm's address 2211 Congress St Portland, ME 04102				Phone no. (207)775-2387

Part XIV Supplementary Information

3 Grants and Contributions Paid During the Year (Continuation)

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
Pathfinder International Attn: Development Department 9 Galen Street, Suite 217 Watertown, MA 02472-4501		PC	Reproductive health	4,000.
Peace First 25 Kingston Street, 6th Floor Boston, MA 02111		PC	Non-violent conflict resolution for youths	2,000.
Pine Street Inn 444 Harrison Avenue Boston, MA 02188		PC	Hunger prevention	1,000.
Planned Parenthood Federation of America, Inc. P.O. Box 97166 Washington, DC 20090-7166		PC	Reproductive control	5,000.
Possibility Project 104 W 27th Street, 12th Floor New York, NY 10001		PC	Youth empowerment	4,000.
Preble Street 38 Preble Street Portland, ME 04101		PC	Hunger prevention	1,000.
Reach Education, Inc. 300 M Street SE, Suite 803 Washington, DC 20003		PC	Youth reading education	4,000.
UNCF Attn: Denise Scott Direct Response Programs 1805 7th Street NW Washington, DC 20001		PC	College scholarships to disadvantaged students	4,000.
Total from continuation sheets				25,000.

Part XIV Supplementary Information

3 Grants and Contributions Approved for Future Payment (Continuation)

Recipient Name and address (home or business)	If recipient is an individual, show any relationship to any foundation manager or substantial contributor	Foundation status of recipient	Purpose of grant or contribution	Amount
International Medical Corps 12400 Wilshire Boulevard, Suite 1500 Los Angeles, CA 90025		PC	Health care activities	4,000.
Mitchell Institute 75 Washington Street, Suite 2E Portland, ME 04101		PC	Education scholarships	4,000.
Pathfinder International Attn: Development Department 9 Galen Street, Suite 217 Watertown, MA 02472-4501		PC	Reproductive health	4,000.
Peace First 25 Kingston Street, 6th Floor Boston, MA 02111		PC	Non-violent conflict resolution for youths	2,000.
Pine Street Inn 444 Harrison Avenue Boston, MA 02188		PC	Hunger prevention	1,000.
Planned Parenthood Federation of America, Inc. P.O. Box 97166 Washington, DC 20090-7166		PC	Reproductive control	5,000.
Possibility Project 104 W 27th Street, 12th Floor New York, NY 10001		PC	Youth empowerment	4,000.
Preble Street 38 Preble Street Portland, ME 04101		PC	Hunger prevention	1,000.
Reach Education, Inc. 300 M Street SE, Suite 803 Washington, DC 20003		PC	Youth reading education	4,000.
UNCF Attn: Denise Scott Direct Response Programs 1805 7th Street NW Washington, DC 20001		PC	College scholarships to disadvantaged students	4,000.
Total from continuation sheets				33,000.

Form 990-PF	Dividends and Interest from Securities				Statement 1
Source	Gross Amount	Capital Gains Dividends	(a) Revenue Per Books	(b) Net Investment Income	(c) Adjusted Net Income
Interest and Dividends	18,258.	0.	18,258.	18,258.	
To Part I, line 4	18,258.	0.	18,258.	18,258.	

Form 990-PF	Accounting Fees				Statement 2
Description	(a) Expenses Per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes	
Accounting Fees	2,980.	993.		1,987.	
To Form 990-PF, Pg 1, ln 16b	2,980.	993.		1,987.	

Form 990-PF	Other Professional Fees				Statement 3
Description	(a) Expenses Per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes	
Investment Management Fees	6,287.	6,287.		0.	
To Form 990-PF, Pg 1, ln 16c	6,287.	6,287.		0.	

Form 990-PF	Taxes				Statement 4
Description	(a) Expenses Per Books	(b) Net Investment Income	(c) Adjusted Net Income	(d) Charitable Purposes	
Federal Taxes	411.	0.		0.	
Foreign Taxes	240.	240.		0.	
To Form 990-PF, Pg 1, ln 18	651.	240.		0.	

Form 990-PF

Other Expenses

Statement 5

Description	(a) Expenses Per Books	(b) Net Invest- ment Income	(c) Adjusted Net Income	(d) Charitable Purposes
Miscellaneous Expenses	1,157.	0.		1,157.
Maine Filing Fess	35.	0.		35.
ADR Fees	14.	14.		0.
To Form 990-PF, Pg 1, ln 23	1,206.	14.		1,192.

Form 990-PF

Corporate Stock

Statement 6

Description	Book Value	Fair Market Value
130 Shs Abbott Laboratories	5,919.	14,309.
60 Shs Abbvie Inc	1,510.	9,298.
40 Shs Accenture Plc	1,529.	14,036.
80 Shs Allegion Public Ltd	4,833.	10,135.
70 Shs Alphabet Inc.	7,886.	9,778.
100 Shs Amazon.Com Inc	4,769.	15,194.
70 Shs American Water Works	8,294.	9,239.
80 Shs Apple Inc	978.	15,402.
15 Shs Asml Holding N V	5,600.	11,354.
150 Shs Astrazeneca Plc	6,303.	10,103.
150 Shs Baker Hughes Co.	3,640.	5,127.
25 Shs Broadridge Finl Solu	2,534.	5,144.
100 Shs Church & Dwight Co Inc	6,889.	9,456.
80 Shs Conocophillips	10,358.	9,286.
40 Shs Constellation Brand	6,900.	9,670.
15 Shs Crowdstrike Hldgs Inc	2,534.	3,830.
40 Shs Home Depot Inc	7,176.	13,862.
100 Shs Houlihan Lokey Inc	8,836.	11,991.
40 Shs Hyatt Hotels	4,425.	5,216.
20 Shs Intuitive Surgical	2,779.	6,747.
40 Shs Iqvia Holdings Inc	6,981.	9,255.
100 Shs Jpmorgan Chase & Co	10,361.	17,010.
40 Shs Linde Plc	8,273.	16,428.
120 Shs Lonza Group Ag	4,203.	5,051.
60 Shs Marsh & Mc Lennan Co	4,970.	11,368.
50 Shs Microsoft Corp	5,351.	18,802.
70 Shs Nike Inc	1,471.	7,600.
50 Shs Nxp Semiconductors	4,558.	11,484.
50 Shs Pepsico Inc	3,232.	8,492.
10 Shs Service Now Inc	3,872.	7,065.
30 Shs Sherwin Williams Co	3,886.	9,357.
30 Shs Stryker Corp	8,430.	8,984.
100 Shs Taiwan Semiconductr	4,318.	10,400.
150 Shs Totalenergies Se	6,557.	10,107.
25 Shs Trane Technologies Plc	4,617.	6,098.
70 Shs Union Pacific Corp	6,278.	17,193.
10 Shs United Rentals Inc	4,883.	5,734.
30 Shs Unitedhealth Grp Inc	4,117.	15,794.
40 Shs Verisk Analytics Inc	8,592.	9,554.
60 Shs Visa Inc	10,256.	15,621.
60 Shs Waste Management Inc	5,978.	10,746.
Total to Form 990-PF, Part II, line 10b	224,876.	431,320.

Form 990-PF

Corporate Bonds

Statement 7

Description	Book Value	Fair Market Value
10000 Shs US Treasu Nt 4.125%	10,035.	10,069.
10000 Shs Us Treasu Nt 3.875%	10,002.	9,989.
10000 Shs Bank America Co 4.375%	10,010.	8,950.
10000 Shs Bp Capital Mkts 4.875%	10,738.	9,380.
10000 Shs Bny Mellon Inves 3.75%	8,616.	8,650.
10000 Shs Parker-Hannifin C 3.3%	10,092.	9,819.
10000 Shs Pnc Finl Svcs Gro 3.4%	7,548.	7,925.
10000 Shs Hewlett Packard E 4.9%	10,183.	9,949.
10000 Shs Schlumberger Holdin 4.00%	10,011.	9,841.
10000 Shs Goldman Sachs A 2.875%	10,038.	9,511.
10000 Shs Equinor Asa 3.00%	9,798.	9,563.
10000 Shs Centene Corp 4.25%	10,372.	9,638.
10000 Shs Motorola Solution 4.6%	9,900.	9,926.
10000 Shs Nov Inc 3.6%	10,094.	9,236.
Total to Form 990-PF, Part II, line 10c	137,437.	132,446.

Form 990-PF

Other Investments

Statement 8

Description	Valuation Method	Book Value	Fair Market Value
1039.584 Shs Pioneer Ils Interval	COST	8,802.	8,847.
1991.525 Shs Blackrock Event Driven	COST	20,000.	19,895.
736.739 Shs Jpmorgan Hedged Equity	COST	15,025.	20,798.
424.892 Shs Thornburg Developing Wo	COST	10,000.	8,991.
542.749 Shs Wasatch Emerging Market	COST	8,500.	9,194.
500 Shs Ishares Gold Etf	COST	12,333.	19,515.
400 Shs Ishares Ibond Dec 2031	COST	7,676.	8,308.
650 Shs Ishares Ibonds Dec 2024	COST	16,067.	16,192.
300 Shs Ishares Ibonds Dec 2028	COST	7,254.	7,527.
300 Shs Ishares Ibonds Dec 2032	COST	7,166.	7,569.
300 Shs Ishares Ibonds Dec 2033	COST	7,317.	7,755.
200 Shs Janus Henderson Aaa Clo	COST	10,094.	10,060.
60 Shs Alexandria Real Est	COST	9,597.	7,606.
Total to Form 990-PF, Part II, line 13		139,831.	152,257.

Name and Address	Title and Avrg Hrs/Wk	Compen- sation	Employee Ben Plan	Expense	Account
Suzanne B. Sands 710 Highview Terrace Lake Forrest, IL 60062	President 1.00	0.	0.	0.	0.
Donna B. Barmore 93 Governors Point Road Harpwell, ME 04079-4339	Director 1.00	0.	0.	0.	0.
Johanna M. Barmore 34 Emerson Street Newton, MA 02458	Vice President 1.00	0.	0.	0.	0.
Corinne B. Barmore 60 Old Field Road Yarmouth, ME 04096	Secretary 1.00	0.	0.	0.	0.
Gregory T. Barmore 93 Governors Point Road Harpwell, ME 04079-4339	Treasurer 1.00	0.	0.	0.	0.
Totals included on 990-PF, Page 6, Part VII		0.	0.	0.	0.